

Collaborating States Initiative



As the country and world continue to understand how to navigate the new coronavirus (COVID-19) and the public health implications, CASEL urges continued focus on the social and emotional needs of children and adults. CASEL understands that this is an unprecedented time for state leaders, your teams, and the constituents you serve. We are committed to providing support as you continue to identify ways to support the social, emotional, and academic well-being of your students as they navigate social distancing and school closures, among the other life transitions that are occurring.

We recognize your difficult work as you continue to support your schools and districts to foster safe, supportive learning environments and positive adult-student relationships (whether they be in-person or virtual) that help students and adults reflect on and process these emotions, discuss and evaluate the news, and learn about and develop strategies for keeping themselves and their communities healthy.

As such, CASEL has created resources for states, districts, educators, and families to help them highlight how SEL can provide support during this challenging time. These resources are found on our webpage [here](#). We will be continuously updating the webpage as more resources become available.

To get you started, we want to share some of the initial policy resources we found (that will also be updated on our webpage). CASEL is particularly underscoring that adult SEL is critically important at this time, as adults have shifting and increased pressures as well as responsibilities in reassuring children. The following resources may be useful in addressing the social and emotional needs of your teams, peers, and others:

Self-Care

- [CDC Guidance for Managing Stress and Anxiety](#) – Tips for supporting adults during a crisis
- [SAMHSA: Coping With Stress During Infectious Disease Outbreaks](#) – Fact sheet on the signs of stress in yourself or others
- [CDC Guidance for Emergency Responders](#) - Tips for taking care of yourself as an “emergency responder” during this time

Team Care

- [SEL Signature Practices Playbook](#) – Protocols for use during team meetings to “check-in” on emotions and set the stage for shared learning and work
- [National Child Traumatic Stress Network: Coping with Stress](#) – For use in supporting your team to support field-based teams
- [Education First: Going Virtual](#) – Tips for use when managing teams online

Policy Specific

- [Education Week](#) - State Education Chiefs on the Coronavirus: What We Need to Know Now
- [Chiefs for Change](#) - Responding to the Coronavirus: What We Are Doing and Resources for Education Systems
- [Education Week Map](#) - Coronavirus and School Closures
- [Council of Chief State School Officers](#) - CCSSO Supporting States Amid Coronavirus Outbreak
- [Child Trends](#) - As COVID-19 spreads, most states have laws that address how schools should respond to pandemics



- [Education Commission of the States](#) - Policy Responses and Other Executive Actions to the Coronavirus in Public Schools
- [National League of Cities](#) - Coronavirus Response Resources for Local Leaders

Additional Resources

- [Healthy Minds Program](#) - Training Your Mind Is the Key to Your Emotional Well-being
- [Teaching Tolerance](#) - Speaking Up Against Racism Around the New Coronavirus
- [Pure Edge](#) - Evidence-Based Approaches for Thoughtful Partnerships Curriculum & Training
- [America's Promise](#) - America's Promise Alliance Covid-19 Resources